Unit 1/Week 5

Title: Water Woman

Suggested Time: 5 days (45 minutes per day)

Common Core ELA Standards: RI.3.1, RI.3.2, RI.3.4, RI.3.7; W.3.2; SL.3.1; L3.1, L.3.2, L.3.4

Teacher Instructions

*Refer to the Introduction for further details*

**Before Teaching**

1. Read the Big Ideas and Key Understandings and the Synopsis. Please do **not** read this to the students. This is a description for teachers, about the big ideas and key understanding that students should take away **after** completing this task.

Big Ideas and Key Understandings

 By overcoming challenges you can achieve your dreams.

Synopsis

In this biography, Amy VanDyken overcomes many challenges throughout her life to become an Olympic gold medalist.

1. Read entire main selection text, keeping in mind the Big Ideas and Key Understandings.
2. Re-read the main selection text while noting the stopping points for the Text Dependent Questions and teaching Vocabulary.

**During Teaching**

1. Students read the entire main selection text independently.
2. Teacher reads the main selection text aloud with students following along. (Depending on how complex the text is and the amount of support needed by students, the teacher may choose to reverse the order of steps 1 and 2.)
3. Students and teacher re-read the text while stopping to respond to and discuss the questions and returning to the text. A variety of methods can be used to structure the reading and discussion (i.e.: whole class discussion, think-pair-share, independent written response, group work, etc.)

Text Dependent Questions

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| **Text-dependent Questions** | **Evidence-based Answers** |
| The Olympic Games are a series of international athletic contests held in a different country during the summer and winter every four years. What was Amy’s dream? (Pg. 109) | It was Amy’s dream to take home a gold medal. |
| Re-read page 110 of the text. What happened to Amy after her first Olympic event? | Amy finishes fourth, no gold, no silver, not even bronze. She also falls to the pool deck with cramps and grasps for breath. |
| The author writes, “but it’s not the first time Amy’s health has gotten in her way.” What does the author mean by this? (Pgs. 112-113) | Amy had difficulty climbing stairs. She often would have to stop in the middle of a race to catch her breath.  |
| Re-read pg.113. The author used the term ‘vowed’ to explain Amy’s determination. Amy felt awful when the girls tried to get her to quit the swim team. What words or phrases did the author use to show that she would not give up?  | She vowed that they would respect her, I am going to prove them wrong, and she did not quit the team, stubborn.  |
| Re-read the quote on page 114. Amy tells herself, “This is too hard. I want to be normal.” What does she mean when she uses the word “normal”? | Amy wishes she had healthy lungs like her other teammates. She also wishes she did not have asthma. |
| In 1990, Amy “got all the way to nationals” competing against swimmers from other states. How does Amy’s “all-out” attitude pay off? (Pg. 115) | She won a bronze medal; she was named female NCAA swimmer of the year; she broke the 50-yard  |
| Amy calls herself “the tough girl” What has Amy done in the past to prove this? (Pg. 116) | Amy would:always get back into the pooldid not leave the team even after the other girls wanted her offcontinued to swim once cramps had eased upalmost quit swimming but came back to train harder and go to nationals. |
| Amy’s dream was to win a gold medal. What evidence is there that she achieved her dream? (Pgs. 116-119) | In 1996, Amy won a place on the Olympic team.The U.S. wins gold, the next day she wins the 100-meter butterfly.Picture on page 119. |

Vocabulary

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|  | **KEY WORDS ESSENTIAL TO UNDERSTANDING** | **WORDS WORTH KNOWING** General teaching suggestions are provided in the Introduction  |
| **TEACHER PROVIDES DEFINITION** not enough contextual clues provided in the text | furiously (pg.109)Olympic games (pg.109)vowed (pg.113)Nationals (pg.114) | freestyle, Atlanta, Georgia (pg109)relay (pg. 113)NCAA (pg. 114).butterfly, medley(pg. 117)deaf, biology (pg.118) |
| **STUDENTS FIGURE OUT THE MEANING**Sufficient context clues are provided in the text | bronze, burst (pg.110)asthma (pg. 111)stubborn (pg.113)flopped (pg.114)charged (pg.115)  |  stretcher, trainer, cramps (pg.110)flight (pg.112)awkward (pg.113)virus, depressed (pg.114)boost (pg.115)ease (pg.116)popular, fake, future (pg.118) |

Culminating Task

* Re-Read, Think, Discuss, Write
* *In the biography, Water Woman, Amy Van Dyken faced many challenges throughout her life in order to achieve her Olympic dream. Beginning with her childhood, write a paragraph using temporal words, sequencing the challenges that Amy overcame on her road to becoming an Olympian. (Note: It may be helpful for students to use a timeline as a graphic organizer to help them complete this task.)*

Answer: Amy has had asthma since she was little girl which made swimming difficult for her; in high school her classmates made fun of her; she caught a terrible virus and became depressed; she quit swimming for a few months; she suffered from muscle cramps.

Additional Tasks

* Have students choose another Olympic athlete to research and prepare a short oral report in order to share their findings with the class.
* Compare and contrast Amy VanDyken with another athlete who also had to overcome challenges.
* Have students complete a biography of a family member in order to gain more familiarity with the genre.

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**“Water Woman”**

1. The Olympic Games are a series of international athletic contests held in a different country during the summer and winter every four years. What was Amy’s dream? (Pg. 109)
2. Re-read page 110 of the text. What happened to Amy after her first Olympic event?
3. The authors writes, “But it’s not the first time Amy’s health has gotten in her way.” What does the author mean by this? (Pgs. 112-113)
4. Re-read pg.113. The author used the term ‘vowed’ to explain Amy’s determination. Amy felt awful when the girls tried to get her to quit the swim team. What words or phrases did the author use to show that she would not give up?
5. Re-read the quote on page 114. Amy tells herself, “This is too hard. I want to be normal.” What does she mean when she uses the word “normal”?
6. In 1990, Amy “got all the way to nationals” competing against swimmers from other states. How does Amy’s “all-out” attitude pay off? (Pg. 115)
7. Amy calls herself “the tough girl.” What has Amy done in the past to prove this? (Pg. 116)
8. Amy’s dream was to win a gold medal. What evidence is there that she achieved her dream? (Pgs. 116-119)

Supports for English Language Learners (ELLs) to use with Basal Alignment Project Lessons

When teaching any lesson, it is important to make sure you are including supports to help all students. We have prepared some examples of different types of supports that you can use in conjunction with our Basal Alignment Project Lessons to help support your ELLs. They are grouped by when they would best fit in a lesson. While these supports reflect research in how to support ELLs, these activities can help ALL students engage more deeply with these lessons. Note that some strategies should be used at multiple points within a lesson; we’ll point these out. It is also important to understand that these scaffolds represent options for teachers to select based on students’ needs; it is not the intention that teachers should do *all* of these things at every lesson.

**Before the reading:**

* Read passages, sing songs, watch videos, view photographs, discuss topics (e.g., using the [four corners strategy](http://www.theteachertoolkit.com/index.php/tool/four-corners)), or research topics that help provide context for what your students will be reading. This is especially true if the setting (e.g., 18th Century England) or topic (e.g., boats) is one that is unfamiliar to the students.
* Provide instruction, using multiple modalities, on selected vocabulary words that are *central to understanding the text*. When looking at the lesson plan, you should note the Tier 2 words, particularly those words with high conceptual complexity (i.e., they are difficult to visualize, learn from context clues, or are abstract), and consider introducing them ahead of reading. For more information on selecting such words, go [here](https://achievethecore.org/page/3167/selecting-and-using-academic-vocabulary-in-instruction). **You should plan to continue to reinforce these words, and additional vocabulary, in the context of reading and working with the text. (See additional activities in the During Reading and After Reading sections.)**

**Examples of Activities:**

* Provide students with the definition of the words and then have students work together to create [Frayer models](http://www.theteachertoolkit.com/index.php/tool/frayer-model) or other kinds of word maps for the words.
* When a word contains a prefix or suffix that has been introduced before, highlight how the word part can be used to help determine word meaning.
* Keep a word wall or word bank where these new words can be added and that students can access later.
* Have students create visual glossaries for whenever they encounter new words. Then have your students add these words to their visual glossaries.
* Create pictures using the word. These can even be added to your word wall!
* Create lists of synonyms and antonyms for the word.
* Have students practice using the words in conversation. For newcomers, consider providing them with [sentence frames](https://achievethecore.org/page/3159/ell-supports-for-writing-and-discussion) to ensure they can participate in the conversation.
	+ Practice spelling the words using different spelling practice strategies and decoding strategies. Students could take turns spelling with a partner.
* Use graphic organizers to help introduce content.

**Examples of Activities:**

* Have students fill in a [KWL chart](http://www.nea.org/tools/k-w-l-know-want-to-know-learned.html) about what they will be reading about.
* Have students research setting or topic using a pre-approved website and fill in a chart about it. You could even have students work in groups where each group is assigned part of the topic.
* Have students fill in a bubble map where they write down anything that they find interesting about the topic while watching a video or reading a short passage about the topic. Then students can discuss why they picked the information.

**During reading:**

* Read the text aloud first so that ELLs can hear the passage read by a fluent reader before working with the text themselves.
* Allow ELLs to collaborate in their home languages to process content before participating in whole class discussions in English. Consider giving them the discussion questions to look over in advance (perhaps during the first read) and having them work with a partner to prepare.
* Encourage students to create sketch-notes or to storyboard the passage when they are reading it individually or with a partner. This will help show if they understand what they are reading as they are reading it.
* Ask questions related to the who, what, when, why, and how of the passage. For students that may need a little more help, provide them with [sentence stems](https://achievethecore.org/page/3159/ell-supports-for-writing-and-discussion).
* Continue to draw attention to and discuss the words that you introduced before the reading.

**Examples of Activities:**

* Have students include the example from the text in their glossary that they created.
* Create or find pictures that represent how the word was used in the passage.
* Practice creating sentences using the word in the way it was using in the passage.
* Have students discuss the author’s word choice.
* Use graphic organizers to help organize content and thinking.

**Examples of Activities:**

* Have students fill in a chart to keep track of their 5ws while they read to help them summarize later and figure out the central idea of a passage.
* It may again be beneficial to have somewhere for students to store new words that they encounter while reading the text. Students could use a chart to keep track of these new words and their meanings as they read.
* If you had students fill in a KWL, have them fill in the “L” section as they read the passage.
* Utilize any illustrations or text features that come with the story or passage to better understand the reading.
* Compare/contrast the passage with what the illustrations convey about the passage. Have students consider if the illustrations look the way they visualized the passage in their own minds or if the passage matches their predictions based on the illustrations.
* Identify any text features such as captions and discuss how they contribute to meaning.

**After reading:**

* Present directions for any post-reading assignments orally and visually; repeat often; and ask English Language Learners to rephrase.
* Allow ELLs to use English language that is still under development. Students should not be scored lower because of incorrect spelling or grammar (unless the goal of the assignment is to assess spelling or grammar skills specifically). When grading, be sure to focus on scoring your students only for the objective(s) that were shared with students.
* Scaffold questions for discussions so that questioning sequences include a mix of factual and inferential questions and a mix of shorter and more extended responses. Questions should build on each other and toward inferential and higher-order-thinking questions. There are not many factual questions already listed in the lesson instructions, so you will need to build some in as you see fit. More information on this strategy can be found [here](https://achievethecore.org/aligned/creating-sequencing-text-dependent-questions-support-english-language-learners/).
* Reinforce new vocabulary using multiple modalities

**Examples of activities:**

* Using the words that you had students work with before reading, have students write sentences in reference to the passage that you just finished reading.
* Require students to include the words introduced before reading in the culminating writing task.
* For newcomers, print out pictures that represent the words that you focused on and have students match the words to the pictures.
* Based on different features of the words, have the students sort them into different categories and explain their choices. For example, the students could sort the words by prefixes, suffixes, connotation, etc.
* After reading the passage, continue to examine important sentences (1–2) in the text that contribute to the overall meaning of the text. Guide students to break apart these sentences, analyze different elements, and determine meaning. More information on how to do this, including models of sentence deconstruction, can be found [here](https://achievethecore.org/page/3160/juicy-sentence-protocol).
* Provide differentiated scaffolds for writing assignments based on students’ English language proficiency levels.

**Examples of Activities:**

* For all students, go over the prompt in detail, making sure to break down what the prompt means before having the students get to work. Then have the students explain the directions back to you.
* Have students create an evidence tracking chart during reading, then direct them to look back over their evidence chart and work with a group to see if their evidence matches what the rest of the class wrote down. If some of the chart does not match, students should have a discussion about why.
* For students who need more support, model the proper writing format for your students and provide them with a properly formatted example for reference.
* For newcomers, you may consider creating sentence or paragraph frames to help them to write out their ideas.
* To further discussion about the passage, have students create their own who, what, when, where, why, and how questions related to the passage to ask each other and have students pair up and practice asking each other the questions. If available, pair students of the same home language to support the use of language still under development.